

Rolling Green Nursery

Herb Sampler



The following is an sample, but always expect to find many more unusual varieties:

subject to availability

* inventory changes daily

Herbs make excellent container plants with their attractive and fragrant foliage. Most are quite cool tolerant- lasting well into the fall. A favorite container for us is the traditional Parsley, Sage, Rosemary & Thyme combo- all offering unique foliage and flavor. Try planting a window box or two close to your kitchen with herbs, or adding some herbs with your flowers on the patio- flavor, texture and conversation...

BAY LAUREL multi purpose herb, a standard for French cuisine. Best used as a container plant in our climate.

BASIL annual • Warm mint & clove flavor. A favorite herb to flavor tomato dishes, pesto sauce, herb butter, vinegars and oils.

Pesto Perpetuo tasty; excellent for pesto a great container plant with striking variegated leaves.

Genovese a classic for all culinary uses.

Aristotle compact bushy habit with small leaves, spicy sweet flavor.

Amethyst dark purple Genovese pretty & sweet.

Mrs. Burns Lemon very lemony scent, & flavor.

Thai great for authentic sweet & spicy Thai dishes.

BORAGE small, pretty edible blue flowers for garnishes and salads 18-30 leaves can be added to salad or made into tea for a cooling cucumber flavor. Reseeds readily in the garden.

CHAMOMILE sweet smelling daisy flowers used in tea to aid digestion also as a rinse to lighten hair.

CHERVIL annual • Mild sweet anise flavor. Nice with fish, asparagus, potatoes and soups.

CHIVES perennial • Mild fresh onion flavor. Leaves great in salads, baked potatoes, or wherever onion flavor is needed.

GARLIC CHIVES perennial • Mild fresh garlic/onion flavor. White flowers in August used as an edible garnish.

CORIANDER • CILANTRO annual • Leaves are cilantro, used to flavor salsa, salads and soups. Used extensively in Chinese, Mexican, Indian and Vietnamese cooking. Lemon flavored seeds, or the coriander, are used in cakes, cookies and pastries. Plant where it can reseed for multiple harvests as it goes to seed quickly in summer, or sow fresh seed every 3 weeks.

DILL annual • Mellow parsley with warm flavors.

Feathery foliage used in salads, soups, salmon dishes & pickles, also good larval food for monarchs. Plant where it can reseed for multiple harvests as it goes to seed quickly in summer or sow fresh seed every 3 weeks.

ECHINACEA perennial • Ornamental, medicinal herb used to strengthens immune system. A butterfly magnet.

FENNEL annual • Delicate feathery bronze or green foliage very popular with vegetables, fish, pork, soups & salads. Seed is used in cake, cookies & bread. This is also another butterfly caterpillar larval food.

FEVERFEW perennial • Used for medicinal purposes in relieving headaches & fevers, also both dried flowers and leaves used as a moth repellent. This plant will self-sow around your garden. Tiny white daisy flowers are cottage garden sweet.

FRENCH TARRAGON perennial • Sweet & spicy licorice. Popular for eggs, fish, chicken and meat. Flavor vinegars with its subtle anise flavor. Needs good drainage for wintering over.

TEUCRIUM • GERMANDER perennial • Popular edging plant for the formal herb and knot garden similar to boxwood. Maybe evergreen during a mild winter. Lavender pink flowers in mid to late summer.

LAVENDER perennial • All need well drained soil for overwintering success.

Hidcote 12-15" with deep blue flowers.

Grosso 24-30" dark violet fragrant flowers.

LAVENDER annual

Dentata, Goodwin Creek & Mulberry Ruffles lots of flowers and fragrance all season, really nice container plants.

LEMON BALM perennial • Lemon scented leaves popular for tea hot or cold. In the mint family, may travel in the garden when happy. Steep a handful of fresh leaves in boiling water for a few minutes strain, serve with honey.

LEMON GRASS annual • An aromatic grass from India used in Thai and Asian cooking.

LEMON VERBENA annual • Intense lemon leaves used in drinks, teas and potpourri, best in a container.

HOURS

APRIL – SEPT. • 8–5 M - S • 10–4 SUN.
OCT. – DEC. 23 • 9–5 M - S • 10–4 SUN.
MARCH WEATHER PERMITTING • 9–4 T - S • CLOSED SUN - MON

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Herb Sampler cont.



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MARJORAM annual • Sweet and savory pungent flavor for cooking similar to oregano but more delicate.

MINTS perennial • Popular herb for its cool fresh flavor and fragrance for many culinary uses. Spreads rapidly in the garden so be careful where planted.

Spearmint great all around culinary mint- our best seller, think tabouli.

Peppermint a medicinal and culinary herb used to make tea for upset stomachs.

Chocolate smells like peppermint patty candy.

Pineapple a variegated apple-spearmint- nice fruity sweet aroma good in fruit salads.

Mojito the true mint used in Mojitos with a milder spearmint flavor and scent.

OREGANO perennial **Greek** 12-24".has large pungent dark green leaves,great for seasoning meats, sauces, pizza and tomato dishes. Upright growth habit.

PARSLEY annual • Fresh celery & mild pepper flavor. Both varieties are full of vitamins and antioxidants.

Italian Flat the preferred culinary variety is more fragrant, less bitter.

Curly Moss favorite garnish, has great culinary uses.

ROSEMARY tender perennial • Strong pine & fresh lemon flavor. The remembrance herb and stalwart of the kitchen garden and in containers, also has medicinal and cosmetic uses as well.

Officinalis upright shrubby habit.

Prostrate low growing or creeping variety - our favorite for container herb gardening and window boxes. Has the same great flavor.

SAGE perennial • Savory & earthy flavor. Spicy scent that gourmets love to flavor poultry, pork, vegetables & stuffing. We love them in container gardens as they are so cold tolerant and have great foliage colors right through the fall.

Berggarten large, round grey green leaves, great flavor.

Golden golden variegated leaves.

Purple bluish purple foliage.

Tricolor green white and pink foliage.

Pineapple tender perennial • Sweet pineapple scented leaves used in salads and butters. Scarlet red flowers in late summer for the hummingbirds.

SANTOLINA tender perennial • Dense shrub-like plants great for edging the herb garden, also used as an insect repellent. They like it warm and need good drainage for overwintering success.

SAVORY

Summer annual • The bean herb is a favorite for all beans, peas, lentil based dishes.

Winter perennial • A creeping prostrate variety that has a stronger flavor than summer. Very hardy.

SCENTED GERANIUMS fragrant leaves and flowers are edible and used in teas and baking and potpourris. Use in containers or garden. Our favorites include **Rose, Lemon, and Citronella**, which is popular for a mosquito repellent for the patio. Truly "Scratch and Sniff" for adults and kids.

SORREL perennial • Adds a bright lemon flavor to soups salads and sauces. Makes an excellent sauce for salmon.

STEVIA annual • Its sweet leaves are an herbal substitute for sugar.

THYME perennial • A popular culinary herb used in soups, stews and French cuisine. We love them in containers or edging the garden. Look for other varieties during the season but these are our favorites:

English small, ovate green leaves with rose flowers- traditional and most popular.

Golden Lemon variegated green & gold; lemon scented.

Silver Edge same as English only silver-white leaves striking in containers.

EDIBLE FLOWERS

Allium Chive flowers and Garlic Chive, **Borage, Calendula, Daylilies** particularly 'Fulva' - the common orange, at bud stage. **Dianthus, Hollyhocks, Marigold, Monarda, Nasturtium, Pansy & Viola, Rose** flowers in June can be used as an edible garnish, **Rose & Lemon** scented **Geraniums , Scarlet Runner Bean, Sunflowers**

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